



# BOARD OF HEALTH

1196 MAIN STREET  
HOLDEN, MASSACHUSETTS 01520

TELEPHONE (508) 210-5542  
FACSIMILE (508) 829-0252



**Meeting Date – February 21, 2023**

**Members Present** - Mr. Michael Mazloff, Michelle O'Rourke

**Others Present:** Denise Monteiro – Recording Secretary, Miriam Nyante – Regional Human Services Director, Chantell Fleck - Director Planning & Development, Francis Dagle – Director Leicester Regional Public Health Coalition, Doctor Joseph Sabato – Special Guest Speaker

Michael Mazloff called the meeting to order at 6:05 PM.

Chantell Fleck – Director Planning & Development – Notified the Board she has resigned, her last day will be February 28, 2023. She is taking a Planner Position in Fitchburg, MA.

Approval of Minutes – January 17, 2023 – **APPROVED**

- Michael asked Chantell about the status of the distribution of the Community Health surveys. Chantell will follow up and send to the Town Managers Office for approval. Michael stated the Board has approved the surveys and would like to get them distributed to residents.

**Title V Inspections Completed**

- Lot #6 Grove Street – Passes
- 192 Reservoir Street – Passes

**Systems Being Repaired/Installed**

- NONE

**Health Agents Report/Updates**

- Michael asked Miriam if there were any updates on staffing for the Agent, Miriam responded, nothing yet.

**New/Other Business**

- Michael stated he spoke to Jamie Terry in regards to the EDS plan. The thought as of now is to stand alone as a town instead of combing with other towns. Michelle agreed, Michael stated he will talk to Jamie more on it before making a final decision.

### **Doctor Joseph Sabato – Discussion on Cardiac Survival Rates in MA**

- Dr. Sabato, a resident of Holden, spoke on cardiac survival rates in MA. He stated this is the most common cause of death in Massachusetts. Massachusetts has not been addressing cardiac arrest as a reportable disease. Survival in MA is the lowest in North America. Washington and Seattle have the best practice as they teach Hands Only CPR and Defibrillator use in all schools. This is currently being taught at UMass to people with risk, it would be good to also teach in schools and senior centers. The doctor will leave his contact information with Michael for possible future training.

**Next Meeting March 14, 2023 at 5:30 pm**

**Adjourned 6:45 pm**