



BOARD OF HEALTH

1196 MAIN STREET
HOLDEN, MASSACHUSETTS 01520

TELEPHONE (508) 210-5542
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Members Present - Mr. Michael Mazloff, Michelle O'Rourke

Others Present: Pamela Harding – Director Planning & Development Helen Ganas – Public Health Nurse, Denise Monteiro – Recording Secretary, Melissa Tuomi – Resident, Francis Dagle – Health Director Leicester Regional Public Health Coalition, Christopher Wilson – Epidemiologist Leicester Regional Public Health Coalition

Michael Mazloff called the meeting to order at 5:32 PM

Approval of Meeting Minutes February 15, 2022

Michelle made a motion to approve, Michael seconded – APPROVED

New Board of Health Member Appointment

- Michael Mazloff stated that Melissa Tuomi has not been appointed to the board yet. He reached out to the Town Manager and has not heard back. Melissa has attended 3 meetings and is still waiting to be appointed to the Board.
- Pam said she met with Peter Lukes, Town Manager and he said he was going to move forward with the appointment.

Leicester Regional Public Health Coalition – New Hire

- Francis introduced Christopher Wilson – Epidemiologist for the Leicester Regional Public Health. Chris has been connected to other people in other communities with the same position. Francis stated they will be looking at the Town's Needs Assessment and doing some updating to the plan.
- Michael Mazloff asked if other towns in the Coalition are involved with the Epidemiologist.
- Francis said as of now just Holden and Leicester

State Sanitary Code

- 17 Diamond Hill Road – Reached out to the tenant who believes he is paying for heating in the basement as well as his first floor apartment, no response as of yet.
- 184 High Street – Francis did an inspection, there was a list of violations, most minor but some needed immediate attention. The management company is working on correcting the items

- 100 Chapel Street – Tenant claimed he did not have heat, Francis did an inspection and he did have heat at time of inspection. Case is pending.

COVID

Helen Ganas reported the numbers are definitely decreasing, there were only 27 cases in the last two weeks. Helen spoke to one of the school nurses and they noted there has not been an increase in cases since they dropped the mask mandate for schools.

Discussion on Community Health Planning and how to engage students interested in Health Careers

- Michael Mazloff mentioned having the residents and students fill out surveys to see what issues are out there.
- Melissa Tuomi thought it would be good to target students looking into health careers
- Francis Dagle mentioned he would be happy to have students for internships
- Chris Wilson stated it would be a great benefit to create a Community Health Assessment. Getting students involved and educating them on public health and community health.
- Michael Mazloff thought it would be great to get data on mental health and care
- Helen Ganas stated it would be good to reach out to the schools and ask them to work with us
- Pam Harding stated the schools used to have a Wellness Committee before Covid. There are some existing resources the Board could look into. We could look at the old CHIP plan and update it, using it as a guideline.
- Michael Mazloff told Chris if he would like to start a committee, the Board would be happy to help.

Next Meeting April 12, 2022 at 5:30 PM

Adjourned 6:10 pm