

We are pleased to offer on-line registration for our classes and programs.

If you have not already set up a household account, go to www.holdenma.gov, click on Recreation, and then the link for myrec.com. Create your account using the household name, primary phone number, parent name(s) and an email address. Add ALL members of the household individually. Once you create the account, an email will be sent to you to activate it. Follow the directions to activate.

You must purchase recreation passes prior to registering for any class or program. Residents can purchase them on-line or in the office. Non-residents must visit the office. Residents are encouraged to purchase non-resident passes for guests/babysitters/nannies that will be spending the summer with you. They can not be included on a Family Pass application.

Passes go on sale beginning Wed., April 1 at 9:00 a.m.

**POOLS OPEN WEEKENDS ONLY from 12:00 – 4:45
beginning Saturday, June 6
~~~weather permitting~~~**

The last day of school is a half - day. The pools will open at 1:00 p.m.

\*\*\*\*\*

**SESSION DATES**

- \*Session 1: June 23 – July 3**
- Session 2: July 13 - July 24**
- Session 3: August 3 – August 14**

\*As we go to print, the last day of school is Monday, June 22. If there are any additional canceled school days, Session 1 will begin the day following the last day of school.

If you are a season pass holder, you will be required to show a valid picture ID with your season pass each time you visit the pool.

# DEPARTMENT OF RECREATION

1204 Main Street  
Holden, Ma. 01520  
508-829-0263

Office located at 1420 Main St. Holden

## ***MAIN STAFF:***

Denise M. Morano, Recreation Director      Wendy J. Nickel, Recreation Leader  
Angela T. Greene, Senior Clerk

**~~~WELCOME~~~**

## ***SUMMER PARK ADMISSION:***

Recreation passes are required for admission to the pool and to participate in all instructional programs. If you are planning to enroll your child in ANY class this summer, please purchase your passes in advance of the registrations. Passes can be purchased in the Recreation office, 1420 Main St., Monday - Friday between 9:00 a.m. and 4:00 p.m. beginning April 1. Residents must provide proof of residency.

***\*RECREATION PASSES ARE NON-REFUNDABLE  
& NON-TRANSFERABLE***

**Holden Resident Season Pass:** \$28.00 each. Proof of residency required.

**Holden Family Season Pass:** \$93.00. 4 or more members of an "immediate" family, residing year-round at the same Holden address. This does not include grandparents, aunts, uncles, nieces, nephews, etc. Children younger than 12 months do not need a pass, unless they participate in a class.

**Holden Senior Season Pass:** \$18.00 each (age 65 or older).

**Out-of-Town Season Pass:** \$78.00 each (cash or money order only). Children younger than 12 months do need a pass.

**Daily Pass:** Holden resident, positive ID needed, - \$5.00; Non-resident - \$10.00.

**Replacement Cost For A Lost Pass:** Resident - \$18.00; Non-Resident - \$68.00.

## ***~~REGISTRATION:***

**On-line registration** for Holden residents will begin Saturday, May 9 at 9:00 a.m.

**On-line registration** for Non-residents will begin Sunday, May 10 at 9:00 a.m.

The recreation office staff will be available to assist you by phone on Saturday, May 9 from 9:00 - 10:30 a.m. Call with questions - 508-829-0263.

**\*Passes must be purchased prior to registering for any program.**

## ***FACILITIES:***

### **Dawson Recreation Area**

200 Salisbury St.

Holden, Ma.

508-829-6115 (seasonal phone)

- **Swimming Pool:**
  - Open from 1:00 p.m. – 7:15 p.m. weekdays when classes are being held
  - Open from 11:00 a.m. – 7:15 p.m. weekends throughout the summer
  - Open from 11:00 a.m. – 7:15 p.m. daily, when there are no classes
- **Super Playground:**
  - Open daily, no charge
- **Basketball Courts/Tennis Courts:**
  - Courts are lighted until 10:00 p.m.

### **Eagle Lake Recreation Area**

66 Causeway St.

508-829-6118 (seasonal phone)

Playground equipment, basketball court and picnic facilities.

### **Trout Brook Reservation**

320 Manning St.

508-829-9605

Trout Brook is a passive recreation site that has a lodge, pavilion, rest rooms, picnic area, trails, streams and a pond. The lodge is available to rent and makes a wonderful place for family or business outings. To inquire about renting, call the Recreation Director at 508-829-0263.

## ***\*\*ACTIVITIES\*\****

### **SPORT SKILLS**

#### **\*TENNIS LESSONS**

**Ages 6 - 12**

9:30 – 10:00

10:30 – 11:00

11:00 – 11:30

12:00 - 12:30

#### **\*PEE WEE TENNIS**

**Ages 4 and 5**

9:30 – 10:00

10:00 – 10:30

10:30 – 11:00

11:00 – 11:30

12:00 - 12:30

\*Tennis rackets are not provided.

*Cost Per Session: \$28.00*

**TENNIS KAMP**

**Ages 9 - 15**

Session 2 July 13 - July 16

Session 3 August 3 - August 6

Monday - Thursday from 12:30 – 3:00

Program will concentrate on further development of players' skills.

*Cost Per Session: \$43.00*

**GAMES GALORE!**

**Ages 6 - 12**

9:45 - 10:45

The children will enjoy a variety of games: fishy-fishy, capture the flag, freeze tag, parachute games, kickball and more.

Classes will meet on Joe Daniels field, directly below the tennis courts.

*Cost Per Session: \$28.00*

**BASKETBALL**

**Ages 7 and 8:** 9:00 – 10:00

**Ages 9 – 12:** 11:00 – 12:00

Dribbling, passing, shooting and teamwork will be emphasized.

Classes will meet on the basketball courts.

*Cost Per Session: \$28.00*

**OTHER CLASSES**

**POOLSIDE CRAFTS**

**Ages 4 – 6:** 9:00 – 9:30

**Ages 7 – 12:** 11:15 – 11:45

Classes will meet in the arts & crafts room.

*Cost Per Session: \$28.00*

**DRAMA**

**Ages 6 - 12**

9:00 – 10:00

Classes will meet on the deck of the bathhouse.

*Cost Per Session: \$28.00*

## LEARN TO SWIM PROGRAM

Instruction in this standardized, national swim program will place emphasis on the learning of progressive skills, and testing for Red Cross certification. During the first two days of swim lessons, instructors will assess each child's skill level. Children may be moved to a different level after the skill level evaluation, to place them in a class that will best fit their needs. Instructors are available to confer with parents regarding recommendations.

### SWIM LESSONS:

#### Family Pool Classes

Levels 1A; 1B; 2A; 2B      10 meetings for \$28.00      Sessions 1, 2 and 3

| LEVEL         | CLASS TIMES   | PREREQUISITES | OBJECTIVES          |
|---------------|---------------|---------------|---------------------|
| * <b>1A</b>   | 10:15 – 10:45 | age 0 – 3     | water adjustment    |
|               | 11:30 – 12:00 | "             | "                   |
|               | 12:00 – 12:30 | "             | "                   |
| ** <b>1B</b>  | 9:00 - 9:30   | age 3 - 5     | comfort in water    |
|               | 9:30 - 10:00  | "             | "                   |
|               | 10:15 – 10:45 | "             | "                   |
|               | 11:30 – 12:00 | "             | "                   |
|               | 12:00 – 12:30 | "             | "                   |
| *** <b>2A</b> | 9:00 - 9:30   | age 5         | flotation/kickboard |
|               | 9:30 - 10:00  | "             | "                   |
|               | 10:15 – 10:45 | "             | "                   |
|               | 11:30 – 12:00 | "             | "                   |
|               | 12:00 – 12:30 | "             | "                   |
| <b>2B</b>     | 10:15 – 10:45 | float/glide   | basic swim skills   |
|               | 11:30 – 12:00 | "             | "                   |
|               | 12:00 – 12:30 | "             | "                   |

- \* Level 1A: Parent must participate in the water
- \*\* Level 1B: Parent must be present on the pool deck
- \*\*\* Level 2A: Full submersion mandatory

## Lap Pool Classes

|                |                         |                    |
|----------------|-------------------------|--------------------|
| Level 2C       | 10 meetings for \$28.00 | Session 1, 2, or 3 |
| Level 3        | 10 meetings for \$33.00 | "                  |
| Levels 4; 5; 6 | 10 meetings for \$38.00 | "                  |

| LEVEL | CLASS TIMES                    | PREREQUISITES      | OBJECTIVES                   |
|-------|--------------------------------|--------------------|------------------------------|
| 2C    | 10:15 – 10:45<br>11:00 – 11:30 | rotary breathing   | crawl stroke &<br>deep water |
| 3     | 10:00 – 10:45<br>11:30 - 12:15 | front/back crawl   | backstroke/dive              |
| 4     | 9:00 – 10:00                   | backstroke/crawl   | breaststroke/side            |
| 5     | 9:00 – 10:00                   | breast/side/diving | endurance                    |
| 6     | 10:00 – 11:00                  | all strokes        | water safety                 |

- **WSI AIDE CERTIFICATION:**

Must be 11 years old and have completed Level 5.

Should be able to swim all strokes and one mile in deep water.

Offered Sessions 1 and 2 only. 9:00 – 10:00 a.m. Cost: \$38.00

- **EMERGENCY WATER SAFETY:**

Must have completed Level 6.

This class practices lifeguarding skills.

Offered Sessions 1 and 2 only. 9:00 – 10:00 a.m. Cost: \$38.00

- **SATURDAY SWIM** classes are available for levels 1B, 2A, 2B and 2C. All class times are 10:30 - 11:00. Classes begin June 27 and run through August 8.

Cost: \$28.00

- **SWIM TEAM:**

Have fun swimming with the Holden Harpoons Swim Team. Swim team members must be a Level 2C swimmer. Practices are Monday, Wednesday and Friday from 5:30 – 6:30 p.m. Swim meets are with Worcester County summer recreation leagues.

Practice begins Wednesday, June 24. Cost: \$68.00

---THE LAP POOL IS CLOSED TO THE PUBLIC  
DURING SWIM TEAM PRACTICES---

**Adult swim times are 3:00 - 3:15 and 5:00 - 5:15 daily, and at the discretion of the head guard or recreation director.**

**\*\* HALF DAY PROGRAM AT DAWSON REC.\*\***

*SESSIONS 1, 2 and 3*

***For 1<sup>st</sup> and 2<sup>nd</sup> graders:***

(grade entering in the fall)

Cost: \$113.00 per session

SCHEDULE:

\*Tennis: 9:00 – 9:30  
Arts & Crafts: 9:45 – 10:15  
Drama: 10:15 – 11:00  
Swim: 11:00 – 11:30  
Playground: 11:30 – 11:45  
Games Galore: 11:45 - 12:30

***For 3<sup>rd</sup> and 4<sup>th</sup> graders:***

(grade entering in the fall)

Cost: \$113.00 per session

SCHEDULE:

Games Galore: 9:00 – 9:45  
\*Tennis: 10:00 – 10:30  
Playground: 10:30 – 10:50  
Swim: 11:00 – 11:30  
Drama: 11:30 – 12:00  
Arts & Crafts: 12:00 - 12:30

***For 5<sup>th</sup> graders and older:***

(grade entering in the fall)

Cost: \$113.00 per session

SCHEDULE:

Swim: 9:00 – 10:00  
Basketball: 10:00 – 10:45  
Games Galore: 10:45 – 11:30  
\*Tennis: 11:30 – 12:00  
Drama: 12:00 - 12:30

\*Children must bring their own tennis racket.

**\*\* NO refunds issued for the Half-Day Programs.**

**Participating in recreational activities may cause high levels of laughter and fun, become habit-forming, and result in unforgettable experiences and friendships.**

## **ALL DAY PROGRAM:**

Children of working parents can take advantage of our All Day Summer Program at Dawson School. Program time is from 8:00 a.m. until 5:30 p.m. If parents require an earlier drop-off time, please call the Recreation office at 508-829-0263 so that arrangements can be made. The additional fee is \$10.00 per week, per child. The All Day Program will include arts & crafts, games, “special” weeks, outdoor activities, swimming lessons during weeks when classes are in session, and free swim time at the Holden Pool. Children need to bring a lunch, but a morning snack and drink will be provided. Children are encouraged to bring a healthy snack for the afternoon, or they may purchase refreshments from the “snack shack” at the pool.

Children will spend most afternoons at the pool, weather permitting, and return to Dawson School by 4:30 p.m. to prepare for parent pick-up. On rainy days, the program will remain at the school.

**Children must be entering the first grade in order to attend this program.**

The All Day Program is licensed by the Department of Early Education and Care.

### **WEEKLY SCHEDULE:**

|           |                                   |         |                       |
|-----------|-----------------------------------|---------|-----------------------|
| * Week 1: | June 23 – June 26                 | Week 5: | July 20 – July 24     |
| * Week 2: | June 29 – July 2 (no Program 7/3) | Week 6: | July 27 – July 31     |
| Week 3:   | July 6 – July 10                  | Week 7: | August 3 – August 7   |
| Week 4:   | July 13 – July 17                 | Week 8: | August 10 – August 14 |

*An \$18.00 non-refundable registration fee is required for each child. Your child is not considered registered without this payment.*

*Full payment for the first reserved week is due at registration. Additional reserved weeks require a \$25.00/week/child non-refundable deposit.*

### **WEEKLY COST:**

|                                           |                                                                                                  |
|-------------------------------------------|--------------------------------------------------------------------------------------------------|
| <b>*Weeks 1 &amp; 2:</b><br>(4 day weeks) | \$113.00 per child; \$173.00 for 2 children<br>\$233.00 for 3 children; \$293.00 for 4 children  |
| <b>Weeks 3 - 8:</b>                       | \$138.00 per child; \$213.00 for 2 children;<br>\$288.00 for 3 children; \$363.00 for 4 children |

*\*Week 1 – if school does not dismiss on Mon. June 22, the first day of the Program will be the day following the last day of school. The fees will be adjusted accordingly.*

## ***OTHER PROGRAMS:***

### ***\*COUNSELOR - IN - TRAINING:***

Sessions 1, 2 and 3

This program is offered to teens, aged 13 – 15, who would like to volunteer working in a recreational setting. They will receive hands-on experience working with children. Choices for placement include swim lessons, tennis, half-day, arts & crafts, drama, field sports or the basketball program. CIT's are limited to registering for 1 session.

**COST:** No charge, but must have a Recreation Pass.

*\*HOLDEN RESIDENTS ONLY.*

### ***\*GOLF LESSONS:***

Holden Hills Country Club golf pro, Jeff Bailey, is offering Beginner Junior Golf lessons to boys and girls aged 7 – 14 on Tuesdays, beginning July 7, from 6:00 – 7:00 p.m. at the golf course. The program runs for 5 weeks, and registration is limited.

**COST:** \$93.00 for 5 weeks, which includes supplies.

*\*RECREATION PASSES ARE NOT REQUIRED TO PARTICIPATE IN THIS PROGRAM! CALL THE OFFICE TO REGISTER - 508-829-0263.*

### ***DROP-IN SOCCER:***

Meet on the Light Department field on Sunday evenings from 6:30 p.m. – dark beginning July 5. Purely recreational! Families are encouraged to attend.

**COST:** No charge

### ***SPLASH PARTIES:*** 6:00 - 8:00 p.m.

Rental involves the use of **ONE POOL ONLY**. You must have a Recreation pass in order to reserve a pool. Reservations are made in person at the pool, in the lifeguard office. You can not reserve more than 1 date at a time. Payment is due the evening of the party.

**COST:** \$125.00 for up to 20 people, and \$25.00 for every additional 10 people.

*Season Pass holders MUST show a valid picture ID with their pass in order to gain entry to the pools.*

### ***REGISTRATION POLICY:***

All programs are offered on a first-come, first-served basis. The Recreation Director reserves the right to cancel or consolidate classes based on the interest level. Registration may be limited. Late registrations will be accepted based on available space.

### ***REFUND POLICY:***

- Recreation Passes are non-refundable and non-transferable.
- 50% refund for withdrawal before the second class meeting. No refunds will be issued after the second class.
- Because of the popularity of the Half Day Programs, no refunds will be issued.

### ***RECREATION DEPARTMENT POLICY:***

- The Recreation Director and lifeguards have the authority to confiscate any Recreation pass that is misused. The Director, lifeguards and staff have the authority to ask patrons to leave the premises if rules are not followed. It is up to the discretion of the Director, if and when, the pass is returned.
- Participation in all Recreation Department programs is at the registrant's own risk.
- NO CHILD aged 12 or younger should be dropped off at the pool. All children should be under the supervision of an adult. It is the responsibility of that adult to watch the child/children in and/or out of the water.
- Patrons should communicate any concerns to the Recreation Director or Head Guard.
- Staff will not escort children from one class to another, unless the child is enrolled in either the Half Day or All Day Programs.
- In inclement weather, the pool and Eagle Lake will open at the discretion of the Recreation Director. When thunder and lightning are evident, no one will be allowed in the water until 30 minutes *after* the last clap of thunder.
- Classes may be canceled due to the weather. If more than 2 classes are canceled, make-ups will be held. **No make-ups for 1 or 2 canceled classes.**

### ***POOL RULES:***

- All passes must be visibly worn.
- No running on the pool deck.
- Use the diving board or stairs to enter the lap pool; use ladders to exit.
- No ball playing on the pool grounds.
- An adult **MUST** be within an arm's reach of their non-swimmer child in the water.
- Only U. S. Coast Guard approved personal flotation devices are allowed. A parent/guardian must be within an arm's reach of your child if he/she wears one.
- All children not potty trained, must wear clean, approved swim diapers.
- No conversing with lifeguards while they are on stand.
- No toys are allowed in the pools.
- You must be able to swim 1 length of the lap pool to use this pool.
- No glass bottles are allowed anywhere within the pool grounds.
- Inserting stakes into the ground for umbrellas, tents, etc. is not permitted.
- Parents are responsible for watching their children.

RECREATION.....

for the FUN of it!

