

**REDUCE EXPOSURE TO MOSQUITOES AND
DISEASES THEY CARRY WHEN WORKING OUTDOORS**

PRACTICE THE 5 D'S

DRESS IN LONG SLEEVES AND PANTS WHEN POSSIBLE.
COVER UP DURING PERIODS OF MOSQUITO ACTIVITY.

DAWN & **D**USK ARE MOSQUITOES MOST ACTIVE
PERIODS.

DEET IS AN EFFECTIVE REPELLENT.
FOLLOW LABEL INSTRUCTIONS.

DRAIN WATER FROM CONTAINERS.



The City of
WORCESTER



Public Health
Prevent. Promote. Protect.

